In order to support families who are breastfeeding or who are considering breastfeeding, we strive to do the following:

- **Make a commitment** to the importance of breastfeeding, especially exclusive breastfeeding, and share this commitment with our staff and families.

- **Train all staff** in supporting the best infant and young child feeding.

- **Inform families** about the importance of breastfeeding.

- **Provide learning and play experiences** that normalize breastfeeding for children.

- Teach our families to **properly store and label their milk** for child care center use.

- **Provide a breastfeeding-friendly environment**, displaying posters about breastfeeding and welcoming mothers to breastfeed their babies at our center.

- **Support breastfeeding employees**.

- **Develop a feeding plan** that supports best infant feeding practices with each family.

- Contact and coordinate with local skilled breastfeeding support and actively **refer**.

- **Continually update** our information and learning about breastfeeding support.